

Background:

Executive Summaries for seven (7) current grant projects that are eligible for continuation funding are enclosed for consideration by the Committee.

- A. Any Baby Can: *Health and Fitness Project*
- B. Texas State Independent Living Council: *Health and Fitness Project*
- C. Jewish Family Services of Dallas: *Inclusive Faith-Based Symposium*
- D. NAMI Texas: *Leadership Development and Advocacy Project*
- E. The Arc of Dallas: *Leadership Development and Advocacy Project*
- F. The Arc of Texas: *Leadership Development and Advocacy Project*
- G. Texas Parent to Parent: *Public Policy Collaboration*

Important Terms:

Continuation Grant Awards: For each grant project funded by TCDD, the number of years of funding available (usually 3 to 5 years) is approved by the Council, but projects must reapply for funding each year.

Executive Committee

Agenda Item 8.

Expected Action:

The Executive Committee will review the information provided and consider approving funding for each continuation award.

Council

Agenda Item 12. B.

Expected Action:

The Council will receive a report on Executive Committee decisions.

Texas Council for Developmental Disabilities`
Executive Committee
Review of Proposed Activities & Budget

Date: 02/06/2013

ITEM: A

Grantee: Any Baby Can of San Antonio

Year: 2 of 5

Project Title: Health & Fitness for Individuals with Developmental Disabilities (Any Body Can)

Project Location: Atascosa, Bexar, Comal, Frio, Gonzales, Guadalupe, Medina, Uvalde, and Wilson Counties

TCDD RFP Intent:

The project intent is to demonstrate how appropriate supports may help people with developmental disabilities to participate in exercise and nutrition programs. Grantees are expected to demonstrate how to: 1) Provide *individualized*, inclusive recreational fitness programs to people with developmental disabilities to assist them to reach their goals in fitness, recreation, and overall wellness and 2) Provide training and/or technical assistance to enable service clubs and volunteer organizations to, if necessary, alter their culture and activities to support full and equal participation by people with developmental disabilities in a way that will promote participation in recreational programs based on interest and wellness goals. TCDD has approved funding up to \$250,000 per year for up to five years.

Project Goals and Accomplishments for Year 1:

Goal: The achievement of optimal health, physical fitness, actualization and inclusion of individuals with developmental disabilities and the maintenance of a lifestyle conducive to physical fitness

Accomplishments per goal:

The project participated in outreach activities such as the Mayor's Fitness Council, at which staff gave live demonstrations of program exercises. The Project Director presented at the Autism State Conference on visual aids and introducing adapted, inclusive exercise programs to families and children with developmental disabilities. Program curriculum, developed prior to project inception, has been submitted for American Council on Exercise certification. Successful completion will allow Any Baby Can to train facility (such as YMCA) staff on working with individuals with developmental disabilities. As of December 2012, 30 families have been enrolled and are actively participating. The program features an 8 month curriculum with progress documented via pre- and post-program surveys. Participating families receive weekly consultations with a Registered Dietician, Physical Therapist, and adapted physical educators who help create a health and fitness plan. Families also have access to community fitness facilities. The program is conducted in 4 phases (Jump Start, Exploration, Inclusion, and Self Training) that guide families through the process of incorporating physical fitness and healthy eating into their lives.

Proposed Goals and Objectives for Year 2:

Goal: Same as above.

Objectives: 1) Enroll 50 new families, of which at least 40 will complete the 32 week training and 2) Establish new partnerships with and train staff in at least 4 recreational venues

Council Considerations: Public Policy Considerations: The grantee has identified access to healthy food as a barrier to health and fitness. The City of San Antonio's Mayor's Fitness Council is identified as a partner. The fitness council is creating a food policy council to give residents a voice in how best to improve access to healthy food. The grantee has the opportunity to affect public policy as a stakeholder via the food policy council and the opportunity to ensure that people with disabilities are included as stakeholders. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary

	Federal	Match	Totals
Amount expended in Year 1 (\$35,860 consultants) (based on 8 months) Award amount \$228,610	\$127,918	\$57,678	\$185,596
Amount requested for Year 2 budget:			
I. Personnel services	166,646	41,697	208,343
II. Travel	8,192	0	8,192
III. Purchased services (\$25,330 consultants)	39,453	11,991	51,444
IV. Property/Materials	5,566	0	5,566
V. Rental/Leasing	6,000	22,515	28,515
VI. Utilities	2,753	0	2,753
VII. Other (Indirect Costs)	0	0	0
Budget period totals	\$228,610	\$76,203	\$304,813

Texas Council for Developmental Disabilities`
Executive Committee
Review of Proposed Activities & Budget

Date: 02/06/2013

ITEM: B
Year: 2 of 5

Grantee: Texas Statewide Independent Living Council (TX SILC)

Project Title: Health & Fitness (Getting Fit to Live, Work, and Play!)

Project Location: Brazos Valley (College Station, Bryan); West Texas (Lubbock); Volar CIL (El Paso)

TCDD RFP Intent:

The project intent is to demonstrate how appropriate supports may help people with developmental disabilities to participate in exercise and nutrition programs. Grantees are expected to demonstrate how to: 1) Provide *individualized*, inclusive recreational fitness programs to people with developmental disabilities to assist them to reach their goals in fitness, recreation, and overall wellness and 2) Provide training and/or technical assistance to enable service clubs and volunteer organizations to, if necessary, alter their culture and activities to support full and equal participation by people with developmental disabilities in a way that will promote participation in recreational programs based on interest and wellness goals.

Project Goals and Accomplishments for Year 1:

Goal 1: Improve the overall health and fitness of people with developmental disabilities by providing access to appropriate programs.

Goal 2: Provide evidence-based, data-supported report to demonstrate project efficacy.

Accomplishments per goal:

The project has a three-tiered approach to developing programs that improve health: 1) Increasing the availability of and access to fitness programs for individuals with disabilities; 2) Connecting consumers to established health programs in pilot areas; and 3) Increasing awareness of the importance of health and fitness programs for people with disabilities. The Texas Association of Centers for Independent Living (TACIL), was forced to withdraw from the project due to the Executive Director's unexpected illness. TX SILC has added Volar CIL (El Paso) as a partner and will absorb the remainder of TACIL's responsibilities. In the first year, the project conducted trainings on the benefits of health and fitness for staff at all partner sites. Demonstration sites began identifying consumers and developing and disseminating marketing materials. Partner Brazos Valley CIL has 24 active participants and LIFE/RUN CIL has 48 active participants with another 22 in the process of establishing a health and fitness plan. The project provided technical assistance and training to partners to build capacity toward access to health and fitness services; identified and began collecting participant baseline data; and began compiling data to be used for the Year 1 report.

Proposed Goals and Objectives for Year 2:

Goals: Same as above.

Objectives: 1) Continue in-house and community-based health and fitness programs at LIFE/RUN and BVCIL; 2) Develop Health and Fitness program at VOLAR CIL; 3) Provide data collection and reporting system to demonstrate project efficacy; and 3) Produce *Getting Fit to Live, Work, and Play: A Study on Wellness and Developmental Disabilities* report.

Council Considerations: Public Policy Considerations: TCDD will review the annual report when it is ready. Public Information staff members are available to provide technical assistance regarding identifying partners and stakeholders to whom to distribute it. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary			
	Federal	Match	Totals
Amount expended in Year 1 (\$111,441 consultants) (based on 7 months) Award amount \$219,475	\$119,777	\$38,786	\$158,563
Amount requested for Year 2 budget:			
I. Personnel services	83,455	0	83,455
II. Travel	1,832	0	1,832
III. Purchased services (\$133,876 consultants)	152,594	65,000	217,594
IV. Property/Materials	2,219	0	2,219
V. Rental/Leasing	4,406	0	4,406
VI. Utilities	4,837	0	4,837
VII. Other (Officers' Insurance)	657	0	657
Budget period totals	\$250,000	\$65,000	\$315,000

Texas Council for Developmental Disabilities
Executive Committee
Review of Proposed Activities & Budget

Date: 02/06/13
Grantee: Jewish Family Service of Dallas
Project Title: Inclusive Faith-Based Communities Symposium
Project Location: Dallas

ITEM: C
Year: 2 of 3

TCDD RFP Intent:

The project intent is to collaborate with leaders of faith-based organizations in order to compare experiences and share resources so that formal and informal community supports available to people with developmental disabilities may be increased. TCDD has approved funding up to \$75,000 per year for up to three years.

Project Goals and Accomplishments for Year(s) 1:

Goal: To increase formal and informal community supports available to individuals with intellectual and developmental disabilities.

Accomplishments per goal: The project is succeeding in building a collaborative of varied faith communities throughout the target region including Dallas, Collin, Denton, and Rockwall counties. Project staff identified key leadership within faith-based communities and engaged community support agencies to share and implement successful program models for individuals with IDD. Staff developed and administered a community consumer survey reaching out to consumers representing a wide variety of faiths, ethnicities, and areas of IDD. Results indicated that more than 50% of respondents believe their faith community does little to accommodate people with disabilities. A lack of services and inadequate staff training were identified as perceived barriers to participation. Survey feedback was used to plan first-year symposium scheduled for February 25, 2013.

Proposed Goals and Objectives for Year 2:

Goal 1: Continue to increase formal and informal community supports available to individuals with intellectual and developmental disabilities and their families through faith-based communities.

Objectives: Engage at least 5-10 additional faith-based organizations in the implementation of inclusion initiatives identified through symposium breakout sessions serving 5-10% of their community membership.

Goal 2: Measure consumer satisfaction with new and increased programming to ensure that individuals with intellectual and developmental disabilities and their families feel a sense of belonging in their faith community.

Objectives: Develop a variety of methods to measure the success of these inclusion initiatives, both for the target consumers and the community leaders of target organizations, to potentially include surveys, blog vehicles, social media groups, and peer-to-peer testimonials.

Staff Recommendations: In year one the grantee surveyed their communities and learned the barriers to inclusion for families and individuals with developmental disabilities and determined that many of the needed resources already exist. The tacit public policy impact of year two is to engage community leaders and consumers in inclusion strategies, to build stronger ties to disability organizations and a stronger orientation towards promoting social justice. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary			
	Federal	Match	Totals
Amount expended in year 1 (\$11,250 consultants) (based on 9 months) Award amount \$75,000	\$28,945	\$8,876	\$37,821
Amount requested for next year budget:			
I. Personnel services	42,742	14,247	56,989
II. Travel	4,031	1,344	5,375
III. Purchased services (\$11,250 consultants)	18,327	6,109	24,436
IV. Equipment/Supplies	0	0	0
V. Rental/Leasing	9,900	3,300	13,200
VI. Utilities	0	0	0
VII. Other	0	0	0
Budget period totals	\$75,000	\$25,000	\$100,000

Texas Council for Developmental Disabilities
Executive Committee
Review of Proposed Activities & Budget

Date: 02/06/13

ITEM: D

Grantee: NAMI Texas, Inc. (National Alliance on Mental Illness)

Year: 2 of 3

Project Title: Leadership and Advocacy Training Project

Project Location: Austin - Statewide

TCDD RFP Intent:

The project intent is to continue development of a network of training programs and resources to assist Texans with developmental disabilities and their families to have support and training needed to be strong leaders and advocates. TCDD has approved funding of up to \$75,000 per year for up to three years.

Project Goals and Accomplishments for Year(s) 1:

Goal: A 2-day leadership and advocacy train-the-trainer conference for 20-40 Consumer Council members; consumer advocates will provide local advocacy and leadership training, work to create affiliate Consumer Councils and advocate on behalf of people living with mental illness; and identify means of sustaining leadership and advocacy training and other grant activities.

Accomplishments per goal: The project held the Consumer Advocate Conference on November 1-2, 2012 in Austin. There were 23 attendees at this conference, 20 self advocates, 2 family members and 1 professional. After the conference, 2 local trainings were held, one in Dallas in which 15 self advocates and 5 family members were trained and 1 in Sugarland in which 25 self advocates were trained.

Proposed Goals and Objectives for Year 2:

Goal: Consumer Advocates will provide and participate in advocacy and leadership training and work to create and expand Consumer Councils, and advocate on behalf of people living with a mental illness; and, host a 2-day advocacy and leadership conference by August 2013.

Objectives: Provide local training for 80 family members and friends and 120 consumers; complete 300 advocacy contacts statewide; increase NAMI Texas Consumer Council membership from 20-30 and form 7 affiliate Consumer Councils with a total of 28 members statewide.

Council Considerations: Public Policy considerations: The grantee demonstrates a command of current statewide policy issues for Texans with serious mental illness. The grantee uses quarterly conference calls to discuss new public policy issues affecting people with mental illness, to identify potential next steps and to hold advocates accountable planning their local trainings. By having the Advocacy Coordinator travel to each region and conduct monthly calls to mentor advocates, this grantee appears to be training a core group that is supported and has the potential to make a considerable impact on mental health policy in the near term. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary			
	Federal	Match	Totals
Amount expended in year 1 (\$750 consultants) (based on 5 months) Award amount \$75,000	\$21,738	\$6481	\$28,219
Amount requested for next year budget:			
I. Personnel services	53,642	0	53,642
II. Travel	5667	0	5667
III. Purchased services (\$1500 consultants)	13,310	43,749	57,059
IV. Property/Materials	372	0	372
V. Rental/Leasing	0	22,522	22,522
VI. Utilities	1980	480	2460
VII. Other (Indirect Costs)	0	0	0
Budget period totals	\$ 74,971	\$66,751	\$141,722

Texas Council for Developmental Disabilities
Executive Committee
Review of Proposed Activities & Budget

Date: 02/06/13
Grantee: The Arc of Dallas
Project Title: Leadership Development and Advocacy Skills
Project Location: Dallas

ITEM: E
Year: 2 of 3

TCDD RFP Intent:

The intent of the Expansion of Existing Leadership Development and Advocacy Skills Training (Exp-LDAST) RFP was to expand the impact of TCDD leadership development and advocacy skills training projects that have been funded through previous RFPs. The organization must have achieved outcomes as state in the original RFP under which they were funded. TCDD has approved funding up to \$75,000 for up to 3 years.

Project Goals and Accomplishments for Year(s) 1:

Goal: The goal of Advocates for Choice and Change North Texas (ACCNT) is to develop an organized group of people empowered to effect quality of life improvements through public policy by engaging in self-advocacy and self-determination.

Accomplishments per goal: 75 people completed Leadership Institute 1, a 12-week curriculum that focuses on topics in self-advocacy such as government and legislative processes, public speaking, accessing community resources, etc. 30 additional graduates slated to complete the course prior to Dec. 31, 2012. Two new sections were added to the curriculum: "Internet Safety" and "Using Internet as a Resource." After completion of Leadership Institute 1, two participants self-reported abuse at the hands of their caregivers and another participant initiated the process of getting her voting rights reinstated. The Arc is starting a new facilitated advocacy project to form an advisory council with the Community for Permanent Supported Housing to train self-advocate groups. Staff collaborated with the Arc of Texas to update and improve curriculum and plan to offer a new 12-week curriculum that will cover strategic advocacy, effective communication, and increased awareness through volunteerism.

Proposed Goals and Objectives for Year 2:

Goal(s): Same as Above

Objective(s): Prepare at least 80 advocates annually to engage government and systems in effective self-advocacy. Develop and maintain community of at least 100 self-advocates that choose and facilitate their advocacy goals. Facilitate 4 or more self-determined advocacy activities. Implement sustainability plan by generating memberships, in-kind donations, volunteer support, contributions, etc.

Staff Recommendations: Public Policy Considerations: The Arc of Dallas demonstrates a strong command of policy issues important to people with disabilities. Their strong focus on social media and self determination in their training for individuals, their families, and other disability groups in the region is clear. Engagement in their grassroots advocacy network to create changes in public policy is evident, as the project goals include coordinated legislative visits on identified issues. The Arc is committed to engaging self-advocates and notably changed their training to include individuals with more profound intellectual disabilities; No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary			
	Federal	Match	Totals
Amount expended in year 1 (Based on 8 months) (\$66,419 consultants) Award amount \$75,000	\$58,260	\$37,201	\$95,461
Amount requested for next year budget:			
I. Personnel services	0	11,776	11,776
II. Travel	3,031	4,244	7,275
III. Purchased services (\$66,419 consultants)	69,419	50,205	119,624
IV. Equipment/Supplies	2,550	1,911	4,461
V. Rental/Leasing	0	8,623	8,623
VI. Utilities	0	2,661	2,661
VII. Other	0	0	0
Budget period totals	\$75,000	\$79,420	\$154,420

**Texas Council for Developmental Disabilities`
Executive Committee
Review of Proposed Activities & Budget**

Date: 02/06/2013

ITEM: F

Grantee: Arc of Texas

Year: 2 of 3

Project Title: New Leadership Development and Advocacy Skills Training

Project Location: Austin, San Antonio, Rio Grande Valley, and the Amarillo/Central Plains Region

TCDD RFP Intent:

The intent of the new Leadership Development and Advocacy Skills Training Projects RFP is to create programs that provide leadership development and advocacy skills training for people with developmental disabilities, their families, and their allies. TCDD has approved funding up to \$75,000 for up to three years.

Project Goals and Accomplishments for Year 1:

Goal: Project MOVE (**M**obilized, **O**rganized **V**oices **E**mpowered) will provide training and ongoing support to **mobilize** and **organize** self advocates, families, and allies to use their **voices** together to **empower** communities to create meaningful change for themselves, their community, and Texas.

Accomplishments per goal:

The Arc partnered with local Arc chapters, Texas Advocates chapters, local Easter Seals, local Down Syndrome Associations and other relevant organizations in each target area to implement Project MOVE. Recruitment has taken place at all 4 communities. As of December 2012, 2 trainings have been conducted in Austin for 23 participants and 1 in the Rio Grande Valley for 26 participants. Additional trainings have been scheduled in Austin, San Antonio, the Rio Grande Valley, and Amarillo. The project will request a change of budget period to allow additional time to complete trainings, community events and other approved workplan activities.

Proposed Goals and Objectives for Year 2:

Goal: Same as above.

Objectives: 1) Select at least one new community for training (San Angelo); 2) Continue work in current communities; 3) Provide training in at least 3 communities for at least 56 new participants; 4) Provide training for 45 participants from other local/state organizations for a total 141 new individuals

Council Considerations: Public Policy Considerations: This project's goal is to create meaningful policy change for people with developmental disabilities. We look forward to learning more about the policy changes chosen by the local groups. The grantee has substantial potential to influence policy as the result of the strategic locations chosen for organizing and mobilizing self advocates with disabilities, families, and allies. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary

	Federal	Match	Totals
Amount expended in Year 1 (\$3,800 consultants) (based on 9 months) Award amount \$75,000	\$33,632	\$10,361	\$43,993
Amount requested for Year 2 budget:			
I. Personnel services	49,207	10,990	60,197
II. Travel	6,735	0	6,735
III. Purchased services (\$2,400 consultants)	13,818	0	13,818
IV. Property/Materials	2,900	0	2,900
V. Rental/Leasing	300	1,200	1,500
VI. Utilities	2,040	0	2,040
VII. Other (Indirect Costs)	0	0	0
Budget period totals	\$75,000	\$12,190	\$87,190

**Texas Council for Developmental Disabilities
Executive Committee**

Date: 02/06/13

Review of Proposed Activities & Budget

ITEM: G

Grantee: Texas Parent to Parent (TxP2P)

Year: 3 of 5

Project Title: Public Policy Collaboration

Project Location: Austin

TCDD RFP Intent:

The project intent is for multiple projects that will assist TCDD to promote and participate in collaborative activities related to public policy. For the purposes of this RFP, "collaboration" is defined as "organizations and/or individuals working together in a formal, sustainable manner; demonstrating mutual respect, mutual learning, and mutual accountability; sharing risks, resources, responsibility, and rewards; with a common goal." The Council did not establish specific funding amounts for projects; applicants were expected to propose amount of funds needed to complete the proposed activities. TCDD has approved funding for up to five years.

Project Goals and Accomplishments for Year(s) 1-2:

Goal year(s) 1-2: Develop the TxP2P Adopt-a-Legislator Program that will utilize parent volunteers of children with disabilities, young self-advocates or siblings to advocate for community-based issues in health and human services, transportation, housing, employment, and education for people with disabilities.

Accomplishments per goal: In year one, this project trained parents to create testimony and present at Legislative Hearings, reaching 126 self-advocates and 219 family members. 1 self-advocate and 1 individual were trained to be TxP2P Advocacy Network volunteers. TxP2P presented to Central Texas Autism Society on the legislative session and at the Texas Advanced Leadership and Advocacy Conference (TALAC) 2011 on "How to Turn your Concerns into Legislation." In year two, TxP2P held their 8th Annual Parent Conference. Staff provided 6 face-to-face trainings in 6 Texas cities; 160 total participants. 7 individuals participated in 3 conference calls that covered topics relating to the upcoming legislative session. 89 advocates made legislative visits and/or attended stakeholder meetings; some advocates chose to bring their families with them while engaging in these activities. Select testimonies given by self-advocates were recorded to be used for future volunteer trainings. Participating self-advocate age range was expanded to include all interested persons.

Proposed Goals and Objectives for Year 3:

Goal(s): Develop the TxP2P Advocacy Network that will utilize parent volunteers of children with disabilities, young self-advocates, siblings, and other interested people to advocate for community-based issues in health and human services, transportation, housing, employment, and education for people with disabilities.

Objective(s): Continue to create program documents, training curriculum, advertise the program, and recruit family volunteers. Train 30-85 people to advocate for issues that impact individuals with disabilities, provide support/information to volunteers, and stay current on state issues that impact people with disabilities.

Staff Recommendations: Public Policy Considerations: TxP2P is providing training on the legislative process and issues across the state to individuals from 33 collaborating organizations and seem to have a strong commitment to diversity. They are building expertise in stakeholders and building relationships with policy makers. If they reach their goal to have two "adopters" for Texas Legislators in each district making monthly contact it will have significant impact. No staff concerns; Council to consider continued funding for this project.

Continuation Budget Detail Summary

	Federal	Match	Totals
Amount expended in year 1 (\$375 consultants) Award amount \$65,588	\$65,588	\$39,482	\$105,070
Amount expended in year 2 (\$375 consultants) (Based on 6 months) Award Amount \$61,780	37,341	18,130	55,471
Amount requested for next year budget:			
I. Personnel services	38,312	1,136	39,448
II. Travel	3,000	0	3,000
III. Purchased services (\$375 consultants)	12,756	28,101	40,857
IV. Equipment/Supplies	1,200	0	1,200
V. Rental/leasing	2,232	0	2,232
VI. Utilities	1,200	0	1,200
VII. Other	0	0	0
Budget period totals	\$58,700	\$29,237	\$87,937