

Background:

The Project Development Committee directed staff to gather and provide additional information regarding opportunities for individuals with developmental disabilities to participate in inclusive recreational supports. Information is enclosed for Committee members’ review and possible discussion.

Staff received three Unsolicited Ideas this quarter. Typically, a Sub-Committee of the Council reviews these prior to the August and February meetings of each year, and the Project Development Committee reviews the Sub-Committee recommendations at the August and February meeting. However, the Committee has the option of reviewing these at other times. The three Ideas received are enclosed for discussion, depending on available time and the will of the Committee. Please note:

- Staff have included a discussion guide that may be helpful in determining if there is reason to explore the submitted Ideas further.
- Each of the organizations submitting Ideas were informed that TCDD does not accept unsolicited requests for funding.
- The Committee may choose to revise the process through which Unsolicited Ideas are submitted and reviewed.

Project Development Committee

Agenda Item 10.

Expected Action:

The Project Development Committee may review provided information related to inclusive recreational sports and Unsolicited Ideas, and may determine further action is needed.

Council

Agenda Item 15. C.

Expected Action:

The Council will consider recommendations from the Project Development Committee.

Executive Summary

Inclusive Sports and Recreation: Available Information

Background

At the TCDD Project Development Committee meeting on July 26, 2012, the Committee reviewed an Unsolicited Idea suggesting that TCDD “Launch a state wide effort on awareness and participation for all people with intellectual and physical disabilities in rural areas of Texas with the assistance of the Cal Ripken Sr. Foundation.” The Idea was submitted by an organization in Central Texas that is working with the Cal Ripken Sr. Foundation, which exists to “help build character and teach critical life lessons to disadvantaged young people living in America's most distressed communities through baseball and softball themed programs,” and the City of Taylor to build an athletic field specifically designed to serve children with physical and mental disabilities.

The Committee discussed the idea and requested that TCDD staff research and provide more information about fully inclusive recreational opportunities that are available to people with developmental disabilities. That information is summarized below in “Findings.”

State Plan Goal(s)

The TCDD FY 2012 – 2016 State Plan includes the following related Goals:

Goal 3 Conduct ongoing educational campaigns in collaboration with community leaders, organizations, and businesses to enable them to better support, include, and/or provide services to people with developmental disabilities by 9/30/2016.

Goal 5 Demonstrate how to prevent unnecessary admissions to State Supported Living Centers by supporting community organizations in at least 1 HHS Region to increase their capacity to provide community-based services that support people with developmental disabilities to improve and maintain their health and to have access as needed to necessary healthcare, behavioral supports, and/or respite, by 9/30/2016.

Findings

Staff reviewed information available online about inclusive sports, adapted (but not necessarily inclusive) sports, adapted fitness, and accessible sports or fitness facilities. Specific information culled from the review is attached. The following points provide a high-level overview of findings:

- A substantial amount of easily available information exists related to the benefits of physical activity for people with disabilities and accepted guidelines on adapting sports or other types of physical activities for people with disabilities. In addition, there are a variety of training opportunities for people who want to learn about adaptive sports and/or inclusive adaptive sports.
- There appear to be an increasing number of programs support veterans with disabilities to participate in adaptive sports.

- Accessible recreation and sports facilities exist around the state, although they are by no means available in all communities and they may or may not offer inclusive activities. Examples of these types of facilities include:
 - Multipurpose Recreation Center (Pasadena, Texas), a facility specifically dedicated to providing recreational activities, programs, and events for youth and adults with disabilities, offers a wide variety of programs year-round and serves persons ages 5 to 55 years of age with any type of physical and/or cognitive disability.
 - Camps Aranzazu (Rockport, Texas), Camp for All (Burton, near Brenham), and Candlelight Ranch (Marble Falls) are designed to be accessible and to offer outdoor experiences and/or camping.
 - Morgan’s Wonderland (San Antonio) was developed to be an accessible family amusement park.
 - Sunshine Ballpark (Fredericksburg) includes two new artificial-turf baseball fields, one of which will be an “ability field” for children with special-needs. The field will accommodate wheelchairs.
- Many of the opportunities for people with disabilities to participate in competitive sports are not inclusive; they are programs specifically for people with disabilities. Many of these appear to be focused on meeting the needs of people who use wheelchairs, people who are blind, or people who have medical conditions. The majority do not specifically state that they include people with intellectual and developmental disabilities.

Unfortunately, it is difficult to assess the opportunities for people with disabilities to participate in truly inclusive recreational sports because there do not appear to be many recreational sports teams or facilities that advertise that they support participation of people with disabilities in inclusive, or general, programs. Additionally, it appears that some organizations or facilities may describe their programs designed for people with disabilities as “inclusive” if they allow family members of people with disabilities to participate alongside their child or sibling who has a disability.

It is likely that successfully creating systems change that would increase opportunities for individuals with developmental disabilities to participate in inclusive sports would require addressing issues related to restrictive policy or liability concerns; lack of funding to support participants who require extra assistance or adaptive equipment; and attitudinal barriers.

Other Considerations

The Council began funding three five-year “Health and Fitness” grant projects in the Spring of 2012 to develop and pilot a range of programs designed to support individuals with developmental and other disabilities to improve health and fitness by participating in activities of their choosing.

Selected Resources for Information about Inclusive Fitness

Education and Training

Texas Women's University offers undergraduate teacher certification, a Masters, and a Doctorate in Adapted Physical Education Teacher Certification-Kinesiology.

The American College of Sports Medicine (ACSM) offers an inclusive fitness trainer certification for certified trainers. Exam preparation webinars are available for \$240 (six session series). Testing costs between \$150 - \$195 to become certified, and \$125 to recertify. Maintaining the certificate requires completion of 15 Continuing Education Credits over 3 years; maintenance of CPR certification; and a \$25 recertification fee. <http://certification.acsm.org/acsm-inclusive-fitness-trainer>

Information about Programs

Dynamic Orthotics and Prosthetics (Houston, TX) provides a list of community resources that support participation of people with disabilities in sports and recreation activities.

<http://www.dynamicoandp.com/disability.asp>

The National Center on Health, Physical Activity and Disability (NCPAD) collaborates with the nation's leading health advocacy and disability organizations in linking to hundreds of program initiatives (related to health or physical activity and disability) ongoing across the nation, and using this framework to build inclusion and integration into these existing programs. NCPAD's overall mission is to help people with disabilities find accessible programs, and they include a list of such program on their website. On September 10, 2012, the list included 127 programs based in Texas, organized by city. However, most appear to be adaptive sports programs, not generic programs that support people with disabilities. Many appear to be camps or programs associated with hospitals and rehabilitation programs.

<http://www.ncpad.org/>

The National Consortium for Physical Education and Recreation for Individuals with Disabilities (NCPERID) promotes research, professional preparation, service delivery, and advocacy of Physical Education and Recreation for individuals with disabilities. The Consortium plays a major role in shaping the direction of adapted physical education and therapeutic recreation. Its membership has been active in promoting legislation and personnel-preparation programs that improve the quality of physical education and recreation for individuals with disabilities. Members also contribute to the growing knowledge base for the disciplines through research and demonstration programs. NCPERID often holds meetings in conjunction with the national conferences of the American Alliance for Health, Physical Education, Recreation, and Dance and the National Recreation and Park Association.

<http://www.ncperid.org/>

Northeast Passage has an extensive resource list of links to information about recreation/sports, including the following: Aquatics, Archery, Arts, Aviation, Badminton, Baseball, Basketball, Beach Access, Billiards, Bowling, Camps, Camping, Canoeing, Cross Country Skiing, Cycling, Dance, Dog Carting, Downhill Skiing, Fencing, Fishing, Fitness, Flying, Football, Golf, Hang Gliding, Hand Controls, Hand Cycling, Hiking, Horseback riding, Hunting, Jet Skiing, Kayaking, Kite Flying, Lifts, Martial Arts,

Motorcycling, Power Soccer, Quad Rugby, Racing, Racquetball, Riflery, Rock Climbing, Ropes Courses, Rowing, Sailing, Scuba, Self Defense, Skating, Skiing, Skydiving, Sled Hockey, Softball, Surfing, Swimming, Table Tennis, Tai Chi, Tennis, Track and Field, Tree Climbing, Volleyball, Water Skiing, Weightlifting, White Water Rafting, Wheelchair Racing, Windsurfing, and Yoga. <http://www.nepassage.org/>

Texas Women’s University, Project Inspire website includes:

- Disability sport links, including “extreme sports”
- Assessment sheets for use with persons with disabilities
- Information about laws and litigation,
- Information about advocacy & terminology
- Disability-specific health and safety information
- Practical advice for coaching athletes with disabilities, links to associated organizations and example coaching drills for volleyball, soccer, swimming and basketball
- [An Overview for Fitness/Exercise Facilities](#) - a brief PowerPoint presentation on considerations staff workers should make for patrons with disabilities in a fitness/exercise facility
- Disability information sheets (for educators & family members; they have basic information and teaching tips related to different disabilities, medical conditions, or other characteristics that might impact how a person engages in inclusive sports.) Titles: ADD/ADHD, AIDS/HIV, Amputation, Anemia, Arthritis, Asperger's Syndrome, Asthma, Autistic Disorder (Autism), Cardiac Conditions, Cerebral Palsy, Childhood Cancer, Cochlear Implants, Cystic Fibrosis, Developmental Coordination Disorder, Diabetes , Down Syndrome, Dwarfism, Dysmenorrhea, Emotional Disturbances, Epilepsy, Fibromyalgia, Fragile X, Hearing Impairments and Deafness, Hemophilia, Juvenile Rheumatoid Arthritis, Kidney Disorders, Learning Disabilities, Lupus, Marfan Syndrome, Mental Disorders, Mental Retardation, Multiple Sclerosis, Muscular Dystrophy, Obesity, Osteoarthritis, Osteogenesis Imperfecta, Osteoporosis, Pervasive Developmental Disorder, Poliomyelitis and Post-Polio Syndrome, Postural Disorders Kyphosis and Lordosis, Pregnancy, Prenatal Drug Exposure, Rett Syndrome, Seizures, Severe Multiple Disabilities, Shunts, Speech Language Disorders, Spina Bifida, Spinal Cord Injury, Traumatic Brain Injury, Visual Impairments and Blindness

Examples of Existing Opportunities

Austin Eels on Wheels Adaptive Scuba Club demonstrates to people with and without disabilities that limitations can be overcome, and that even an adventure sport such as SCUBA diving can be an option for anyone. Along with the diving component, the Eels also provide an opportunity to socialize and share information among its members and friends. www.Eels.org

Northeast Passage is a program of the **University of New Hampshire** that has as a mission “to create an environment where individuals with disabilities can enjoy recreation with the same freedom of choice, quality of life, and independence as their non-disabled peers.” They develop, deliver, and evaluate innovative barrier-free recreation and health promotion programs. They are trying to expand their program out of their geographic region by using the internet to create networks.

<http://www.nepassage.org/>

Texas Rowing For All (Central Texas) is centered upon the enrichment and transformation of the lives of people with disabilities through the sport of rowing and paddling. Texas Rowing For All (TRFA) serves all ethnic, racial and socioeconomic groups in Central Texas which includes one of the largest concentrations of veterans and service members who have disabilities in the United States.

<http://texasrowingforall.org/about/>

Wilderness Inquiry provides outdoor adventure throughout North America and the World. Our trips are accessible to everyone, regardless of age, background or ability. They are totally committed to making the outdoors as accessible as possible for everyone, including people with disabilities.

<http://www.wildernessinquiry.org/>

UNSOLICITED IDEAS: Committee Review Guide

Committee members may choose to consider the questions below in their discussions of Unsolicited Ideas and in determination of any “next steps.”

1. What types of activities are being proposed in this idea? Are they allowable under the DD Act, TCDD Policies, and Federal and State laws?
2. Is the idea consistent with TCDD’s Mission Statement?
3. Is the idea consistent with existing Goals and Objectives? If so, which one?
4. Does the idea promote inclusion?
5. Is the idea an innovative way of addressing a need?
6. Is the idea likely to positively impact a group of individuals who are considered unserved or underserved?
7. Is the idea likely to substantially impact a large group of people?
8. Are there significant public policy implications?
9. Is it the responsibility of another agency to implement the activities suggested in this idea?
10. If this is an idea the Committee wishes to pursue, how might the Council implement this idea? Who are possible partners?

UNSOLICITED IDEAS

To Be Completed By Submitting Person or Organization

1. Individual or Organization Submitting Idea:		The Arc of Texas	
Contact Person:	Amy Stabeno	Submittal Date:	8/29/12
Mailing Address:	8001 Centre Park Dr. #100 Austin, TX 78756	Phone Number:	512-454-6694 x 7753
E-mail Address:	astabeno@thearcoftexas.org		

****By submitting this idea to TCDD, the organization and/or individual understands that other organizations may use this idea, with or without giving credit to the submitter.****

Ideas must not exceed one page, and the font must not be smaller than 12 pt.

2. Background & Statement of Need: What is the problem or issue?

Hundreds of organizations that work with people with disabilities across the State of Texas are looking for new ways to form a self directed plan for delivering services and reaching the dreams and goals of the people that they work with. Virtually every agency providing services to people with disabilities has some sort of a required person directed plan (PDP, IEP, ISP, or clinical plan), that seeks to provide a self directed plan involving the person served and their support network. After working with these agencies for several years now, The Arc has confirmed that PATH (Planning Alternative Tomorrows with Hope) is an excellent self directed plan that can fit into any of these agency's formats for self directed plans of service.

3. Description of Idea: What would solve this problem or address this issue?

Providing multiple options for PATH trainings across the state, as well as post training technical assistance to participating agencies, would revolutionize the way these agencies are able to provide self directed services to people with disabilities. The PATH process starts with unpacking the overarching dreams a person has and working backwards together to discover how the person and their support circles can get as close to that dream as possible in the real world. The Arc of Texas has already provided trainings across the state to staff from around 45 different agencies and organizations.

Offering 12 regional trainings a year, and 12 on site trainings at various agencies, could train up to 600 PATH facilitators and make PATH a regular option for a self directed plan for people with disabilities and the agencies that serve them. Providing technical support and follow up could help these agencies work out a way to ensure that PATH is utilized on a regular basis and is yielding the desired results. In addition to this, The Arc would train staff from agencies to be PATH trainers themselves, enabling them to exponentially multiply the number of qualified PATH facilitators in the state. This could raise the number of trained PATH facilitators to two or three thousand.

4. Demographics: What group or groups of people would this help?

The groups of people that PATH could help are limitless. It is already considered a best practice in local authorities in working with people with intellectual and developmental disabilities. With 38 local authorities in Texas, if PATH were offered as an onsite training, trained staff could provide a total of up to 3,800 PATHs for their consumers over a six month period. There are 13 SSLCs in the State of Texas housing 3,844 individuals which means PATH facilitations to over a thousand residents if they adopt the PATH as our pilot project has. PATH has been presented as an option for formulating a clinical plan with mental health professionals and solicited high interest. Transition coordinators and educators have also been using PATH with students on a regular basis. If PATH 'train the trainer' trainings could be offered in the 20 Regional Education Services Centers that serve approximately 1,200 school districts, PATH could become a regular part of the ARD/transition planning process affecting thousands and thousands of students.

5. Possible Partners: What kinds of organizations or people could help to solve this problem?

The Arc has already partnered with around fifty agencies and organizations working to establish PATH as a self directed planning option. We have trained and worked with staff from almost every local authority in Texas and have a contract with DADS that will cover the registration fee of staff from local authorities. We are also researching ways to obtain a similar contract with the Texas Education Agency. On a smaller scale, we have an agreement with two local authorities to provide onsite training to their entire staff and an additional ten local authorities have expressed interest in this training. Any organization serving people with disabilities that wants to better train its staff in how to provide a self directed plan for services could partner with us in PATH.

UNSOLICITED IDEAS

To Be Completed By Submitting Person or Organization

1. Individual or Organization Submitting Idea: Well Able Life Empowerment Center	
Contact Person: Theresa Hatton	Submittal Date: 09/24/20012
Mailing Address: 6511 Mardale Drive Houston, Texas 77016	Phone Number: 832-410-5607
E-mail Address: walec2015@gmail.com	

****By submitting this idea to TCDD, the organization and/or individual understands that other organizations may use this idea, with or without giving credit to the submitter.****

Ideas must not exceed one page, and the font must not be smaller than 12 pt.

2. Background & Statement of Need: What is the problem or issue?

Barbara Jordan Endeavors Corporation lead by Mrs. Thelma Scott is in need of funding. Mrs. Scott has partners but she reports recent out-of-pocket expenditures.

3. Description of Idea: What would solve this problem or address this issue?

I would like to do grant writing for Barbara Jordan Endeavors Corporation which would help in funding the programs that are beneficial to the youths and person it serves.

4. Demographics: What group or groups of people would this help?

The funding will help the clients of Barbara Jordan Endeavor Corporation to realize their life goals thereby benefiting the client, society, and potentially perpetuating the goals of Barbara Jordan Endeavors for those to come.

5. Possible Partners: What kinds of organizations or people could help to solve this problem?

There are many churches, healthcare organizations, banks, and foundations which may be willing to partner with Barbara Jordan Endeavors Corporation if they have a willing advocate to present the need to these resources. Well Able Life Empowerment Center is willing to be partner and advocate in helping to solicit funding for this worthy establishment.

UNSOLICITED IDEAS

To Be Completed By Submitting Person or Organization

1. Individual or Organization Submitting Idea:	
Contact Person: <u>STEPHANIE DODGE SMITH</u>	Submittal Date: <u>7/26/2012</u>
Mailing Address: <u>7500 RALTO BLVD. BUILDING ONE, SUITE 120, AUSTIN TX 78735</u>	Phone Number: <u>512.327.1372</u>
E-mail Address: <u>SSMITH@TLPP.ORG</u>	

****By submitting this idea to TCDD, the organization and/or individual understands that other organizations may use this idea, with or without giving credit to the submitter.****

Ideas must not exceed one page, and the font must not be smaller than 12 pt.

2. Background & Statement of Need: What is the problem or issue?

AFFORDABLE / PAID IN FULL LEGAL ASSISTANCE TO THOSE YOU SERVE AND THE PEOPLE / STAFF WHO ARE AFFILIATED WITH TCDD.

3. Description of Idea: What would solve this problem or address this issue?

SHOULD TCDD JOIN THE TEXAS LEGAL PROTECTION PLAN, ALL STAFF AND AFFILIATES + CONSTITUENTS WOULD BE ELIGIBLE TO JOIN TLPP AND ENJOY THE LEGAL BENEFITS.

4. Demographics: What group or groups of people would this help?

STAFF + AFFILIATES + CONSTITUENTS OF TCDD

5. Possible Partners: What kinds of organizations or people could help to solve this problem?

TEXAS LEGAL PROTECTION PLAN

TEXAS COUNCIL FOR DEVELOPMENTAL DISABILITIES

Outreach and Development Grants Application

Application: pages 1-5
Instructions for Application: pages 6-8
Supplemental Information: pages 9-11

RECEIVED JUL 20 2012

APPLICATION Part 1 – Who will work on this project and who will it benefit?

A. Name of group or organization applying: A.L.M.A. Advocacy for Living in Mainstream America

1. How long has your group been working together? 6 years
2. Approximately how many members do you have? 50
3. When does your group meet? Once a month
4. What are your goals and/or mission? Why do you exist?

See Appendix A

B. What ethnic/cultural group your organization serves:

- (01) Black X (02) Hispanic/Latino
 (03) Asian (04) Native American

Other, or more information: _____

C. Where (counties) in the state will most activities occur: Travis – surrounding areas

D. Amount you are requesting for one year: \$10,000.00

E. Contact Person: Pat Alvarez

Address: 9209 Lauralan Dr. Austin, Texas 78736

Telephone Number: 512-731-5508 Email Address: patspecialmom@aol.com

F. Signature of Contact Person: Pat Alvarez

G. Application Date: 7-19-2012

For assistance with completing these forms call (800) 262-0334 and ask to speak to Joanna Cordry.

APPLICATION Part 2: Who will manage the money?

TCDD grant funds can be provided only to certain types of organizations. If your group is not one of these types of organizations, you may partner with an organization that can manage the funds.

A. Name of the organization that will manage the funds: **A.L.M.A. Advocacy for Living in Mainstream America**

B. What type of organization will manage funds?

- (01) State Agency (02) Other Governmental Agency
 (03) Not-for-Profit (04) For-Profit
 (06) Institution of Higher Education (05) Faith-based (07) Hospital

C. Tax ID Number: **72-1525383**

D. Name of Authorizing Official: **Pat Alvarez**

Authorizing Official Title: **Project Director**

Authorizing Official Signature: Pat Alvarez

E. Name of Financial Administrative Authority (FAA): **Dolores Morales-Sharp**

FAA Title: **A.L.M.A Board President**

FAA Signature: Dolores Sharp

Address: **5109 Woodgreen Cove Austin, Texas 78745**

Telephone Number: **512-800-5104**

Email Address: **doloresastn@aol.com**

APPLICATION Part 3: Assurances

Certification Statement

The grantee hereby assures and certifies that they have read and agree to comply with all guidelines and requirements with respect to this grant project as specified by:

The Developmental Disabilities Assistance and Bill of Rights Act, (DD Act) of 2000 (P.L- 106-402) and Federal Regulations Title 45 CFR Parts 74 or Part 92 (as applicable) and relevant cost principles.

The full list of assurances is available on the TCDD website under [Assurances](#), or by contacting Barbara Booker at: TCDD, 6201 E Oltorf, Suite 600, Austin, TX 78741-7509; e-mail: barbara.booker@tcdd.state.tx.us.

I certify that I have read all assurances and certifications and do hereby certify, warrant and confirm that compliance with the assurances will be maintained.

Title: **Project Director**

Date: **7-19-2012**

Signature of Authorizing Official: Pat Alvarez

APPLICATION Part 4: About Your Project

Please answer the following questions as best as you can.

A. Why do you want this grant? What do you intend to do?

Since 2006, A.L.M.A. has worked with Spanish speaking families and their family members with disabilities to empower, access, and understand educational, social, and support systems.

- **Provide appropriate and culturally sensitive training in communication skills to build on their abilities to become advocates and informed decision makers for their family member.**
- **Generate translated materials that may be delivered in a variety of ways (print, electronic, cds).**
- **Develop a network of informational and emotional support.**
- **Assist in technical support and understanding of systems**
- **Gather data and evaluate needs and concerns of the Latino population**

See appendix B for Communication Skills curriculum

B. How will this grant help people with developmental disabilities living in your community?

Empower parents and their family members to become active participants; increase understanding of services; develop a sustainable support network for Spanish speaking families that provides them with information and guidance.

C. About the people this project will help:

- 1. How many people or families, approximately?**

200

- 2. What are the approximate ages, general income levels and education levels of the people you will assist (if known)?**

Age(s): 16 through 60

Income level(s): poverty to middle class

Education level(s): open to all levels

- 3. Will you create printed materials? If so, will they be available in languages other than English? What languages?**

Yes - Spanish

D. What other organizations or groups will work with you in this project? How will they work with you?

Down syndrome Association of Central Texas-Comite Latino; MADRES-Mothers Against Discrimination & Racism in Education and Society; Latino Health Care Group; Austin Mayor's Committee on People with Disabilities; ESC Region 13-Family Liason Action Group; UT Center for Disability Studies; ATCIC

Community outreach to invite families to participate; collaborate to inquire how families can increase services through their organizations

APPLICATION Part 5: Plan and Budget for your Project

PLAN FIRST: Use this guide to decide what you will need for this project.
Add additional lines at the end of this form if needed.

	We do not need this	We have this for free	Our group can pay for this	This will be donated by (name people or organization, including volunteers)	We need TCDD to pay for this; give cost estimate
People to coordinate activities, administer grant, complete paperwork					\$3000.00
Translators, interpreters, consultants, or presenters					\$1500.00
Copy Services/Printing					\$100.00
Postage					\$50.00
Phone					\$360.00
Internet					\$140.00
Personal Attendant(s) for individuals with disabilities					-----
Childcare or respite for participants					\$400.00
Local transportation					\$600.00
Transportation and lodging when traveling to Austin or other in-state location					\$900.00
Food and other expenses WHILE TRAVELING					\$300.00
Office space (waiting list for AGE Bldg)					\$1840.00
Meeting or training space					-----
Other (describe) Materials					\$410.00
Other (describe) Host Website					\$400.00
Total					\$10,000.00

APPLICATION Part 5: Plan and Budget for your Project

BUDGET SECOND: If you checked the box on the previous page marked
 "We need TCDD to pay for this," complete the table below.

Hourly Employees, Translators, Interpreters, Consultants, Presenters				
Name or Title	What responsibilities will this person have? What will they do for the project?	Rate Per Hour	Number of Hours	Total (Rate X Number)
<i>Pat Alvarez, Proj Dir</i>	<i>Coordinate Activities; paperwork;</i>	\$30	50	\$1500.00
<i>Stacy Ford, Ex Dir</i>	<i>Administer Grant; Accounting; Data</i>	\$30	50	\$1500.00
<i>Local Professionals</i>	<i>Feedback on Translations; Presenters</i>	\$50	30	\$1500.00
Total:				\$4,500.00

Operating Costs	Rate per Unit	Amount (Number of Units)	Total (Rate X Amount)
Printing/Copying (1 unit = 1 page or 1 item)	.10	1000	\$100.00
Postage (1 unit = 1 mailing)	.44	114	\$50.00
Telephone (1 unit = 1 month)	\$30	12	\$360.00
Internet (1 unit = 1 month)	\$11.67	12	\$140.00
Meeting room (1 unit = 1 event)			-----
Personal Attendants for people with disabilities (1 unit = 1 hour of service)			-----
Respite or childcare for participants (1 unit = 1 hour)			\$400.00
Other - describe item and indicate units or hours: print materials; host website		\$410.00 Materials \$400.00 Host website	\$810.00
Total			\$1,860.00

Travel – IN STATE ONLY	Rate per Unit	Amount (Number of Units)	Total (Rate X Amount)
Travel (per mile or fare)	.55	3272	\$1800.00
Lodging while traveling (per night)			-----
Food and other expenses while traveling (per day)			-----
Total			\$1800.00

Rental/Leasing	Rate Per Square Foot	Number of Square Feet	Total (Rate X Number)
Office Space (Rate per Sq. Ft. X Number of Sq. Ft.)	1.27	120 \$153.00 x 12	\$1840.00
Other – describe and indicate unit:			
Total			\$1840.00
Total Requested from TCDD (Add the Totals from each table on this page)			\$10,000.00